

Week 4 (Week of October 18) — Colossians: Jesus + Nothing = Everything

If you haven't yet: Please share introductions and read through the [Group Life Participation at New Cov Document](#) to learn about the purpose of groups, practices for healthy groups, and our seasonal structure.

Start Here (Ice Breaker Question):

What is something you thought you needed to be happy or successful, only to discover it wasn't as important as you once thought?

1. Contending for One Another: Read Colossians 2:1–3 together

1. Paul describes how hard he is contending for people he has never met. What do you think it looked like for Paul to strive for them? What does this reveal about his concern for their faith?
 2. In verses 2–3, what does Paul want for these believers? How are being encouraged in heart, united in love, and growing in understanding connected?
 3. Paul prays and works for people even when he cannot be physically present with them. Who is someone you could intentionally pray for or encourage as they grow in their faith?
-

2. Walking in Christ: Read Colossians 2:4–7 together

1. In verse 4, Paul warns against being deceived by arguments that sound convincing. Why might it be difficult to recognize ideas that lead us away from the truth of Jesus?
 2. Paul tells the Colossians to continue living in Christ, being rooted and built up in Him, strengthened in faith, and overflowing with thankfulness. What do you think each of these looks like in everyday life?
 3. What helps you stay rooted in Jesus when life feels uncertain or other voices compete for your attention? What is one practice that helps you keep walking with Him?
-

3. Jesus Is Enough: Read Colossians 2:8–10 together

1. Paul warns against being taken captive by ideas that depend on human tradition and the ways of the world rather than Christ. What are some things people today are tempted to add to Jesus in order to feel complete, secure, or significant?
2. Verse 9 says that the fullness of God lives in Christ, and verse 10 says we have been brought to fullness in Him. What do you think it means to be complete in Christ?
3. The central message of this passage is that **Jesus + nothing = everything**. What are some examples of things or times when people are tempted to add to their trust in Jesus to feel secure, fulfilled, or complete? Are there areas of your own life where you find yourself wrestling with this? What might it look like to trust more deeply in Christ's sufficiency?

Pray Together

Consider praying for one another in light of Colossians 2:1–10:

- For people you know who need encouragement in their faith
- For unity and love within our group and church
- For wisdom to recognize ideas that pull us away from Jesus
- For strength to remain rooted in Christ and grow in faith
- For greater trust that Jesus is enough, even when life is difficult

NEXT MEETING: When and where will we meet?

As a way to share responsibility for our group, who will champion these areas of our group?

- Rotation of people to facilitate group discussion (who will take next meeting?)
 - Prayer requests
 - Food or snacks
 - Group service project
 - Manage our group calendar
 - Plan for childcare
 - Other?
-

(Optional) Additional Discussion

Paul contends in prayer for people he has never met. What might change if you prayed regularly for someone you don't know well but want to see grow in their faith?

What are some things our culture tells us we need in order to have a full or successful life? How do those messages compare with what Paul says about being complete in Christ?

What does being "rooted and built up" in Jesus look like in your current season of life?

When you feel overwhelmed, lonely, or uncertain, where do you tend to look first for help or security? What might it look like to turn to Jesus first?

What is one thing from Colossians 2:1–10 that you want to remember or practice this week?